

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life."

- Philippians 4:6-7 (The Message)

I have created a Lenten scripture and reflection calendar for the East Ohio Conference. The theme is *Journeying Toward Wholeness*.

I invite the clergy and laity of the East Ohio Conference to join me on a 40-day journey as we, together, grow deeper in our love for God through Jesus Christ and in love and action toward our neighbor. During this Lenten season, beginning with Ash Wednesday, we will take time to focus on the word for the day and read and reflect on scripture. Together we will observe and practice the disciplines of surrender, love, prayer, giving, serving and healing. I invite everyone to keep a journal of this faith experience as we listen and respond to the grace of God.

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